

Film Notes

By Emma Leach

Restless

2024 | 89mins

Director: Jed Hart

Starring: Lyndsey Marshal, Ashton McAuley

      @FilmBathUK



Restless (2024) is a dark comedy thriller about Nicky (Lyndsey Marshal), a quiet care home worker whose life is turned upside down when a rowdy, party-loving neighbour (Ashton McAuley) moves in next door. After Nicky confronts him and finds out that violence is a real possibility, she turns to increasingly erratic actions to try to resolve the issue.

Director Jed Hart's background is in short films and music videos, with his previous short film, *Candy Floss* (2016) being nominated for Best Short at the BFI London Film Festival and was screened at the Raindance and Berlinale film festivals.

Hart had his eyes set on casting Marshal after seeing her in *Trespass Against Us* (2016), and ended up pursuing her for a year after she initially declined the project. It was Nicky's 'bubbling emotions' that eventually attracted Marshal to the part. McAuley, however, blew Hart away during his audition with his dark yet comedic take on the character of Deano.

Hart has stated that this idea grew out of his own nightmare neighbour experiences, where he would 'lie there at night, staring at the ceiling with my own disturbing thoughts of revenge, thinking that it would make a great movie' (Jamie Dunn, 2025). Upon realising how universal problematic neighbours were, he also noted an opportunity to explore it in a meaningful way.

'Restless shows us a recognisable and unpalatable slice of modern British life with plenty of visual flair'

-Keri O'Shea

Excellent

Fair

Poor



What did you think of the film? Please mark or tear the number.

Please add any further comments here

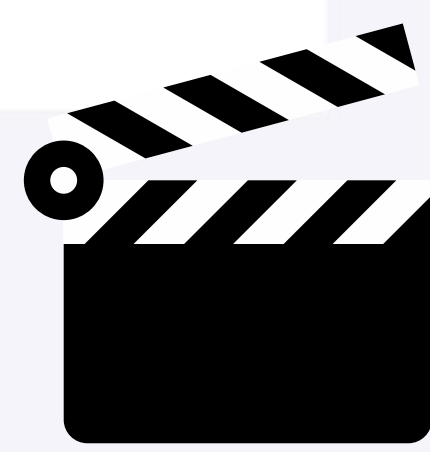
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Did You Know?

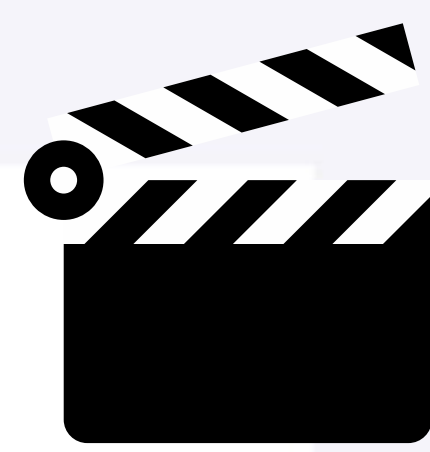
- The film was shot in just two weeks
- It’s writer and director Jed Hart’s first feature film
- Restless is Hart’s attempt to ‘put his 3am murderous revenge fantasies to a more constructive use’

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Pacific Heights (1990)
Follows a San Francisco couple who renovate and rent a Victorian flat to a psychopath.



The Good Neighbour (2016)
A thriller where two teenagers convince their neighbour his house is haunted.

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